



Clark County "Spring Break" Biathlon

3.1 mile run/15 mile bike *plus the 1 mile fun run/walk*

Saturday April 20th, 2013

Mill Creek Park



- Mill Creek Park, 20482 E. Park Entrance Rd. Marshall, Illinois
- Running route is mostly paved road but a short section of gravel, bike route is paved road mild elevation change
- **1 mile fun run/walk start: 9:00 am IL time (Lion's Shelter by boat ramp), Biathlon @ 9:30 am IL time**
- Registration/packet pickup: 8:00 am – 9:00 am IL time (same as above)
- 1 mile fun run/walk does NOT include timing or medals
- Teams allowed/encouraged. Please submit entry forms together and check box indicating which team member is the runner and which team member is the biker
- To be guaranteed a Tech shirt please register by Early Bird date of 3/22/13
- Enjoy light refreshments while door prizes and Biathlon awards are presented (individual male & female age categories plus teams)
- All participants **MUST** wear an ANSI or Snell approved helmet during the cycling portion of the event
- Proceeds from event go to help fund future **Clark Co Park District Trails** activities
- For more information visit www.clarkcountyparkdistrict.com or call (217) 889-3901

revised 1/16/13

Participant Information

Last Name:		First Name:	
Address:		Contact Number:	
City:	State:	Zip:	
Age:	___ Male	___ Female	
Email address:			
Emergency Contact #:			
Circle	Ind.1m	Ind. Biath	Team Biath
Event:	Runner or Biker *Partner Name:		
(each team member must fill out a registration form and include payment)			

Event FEES per Participant

- ___ 1 mile fun run/walk: \$5.00
- ___ Biathlon (now thru 3/22): \$20.00
- ___ Biathlon (3/23 thru 4/19): \$25.00
- ___ Biathlon (Race Day): \$30.00



CLARK COUNTY PARK DISTRICT TRAILS COALITION

___ Optional tech shirts: \$15 size: YS, YM, YL, S, M, L, XL, (XXL -larger add \$3

___ Total event fees submitted

Event shirts will be ordered on 3/25/13. No additional shirt orders will be made after this date. Unclaimed shirts will become property of CCPDTC 14 days after the event.

Make checks to: Clark Co Park District & send with entry form to: 20482 E. Park Entrance Rd. Marshall, IL 62441

Please read and sign below before submitting entry

I know that running/walking is a potentially hazardous activity that could cause injury or death. I should not enter and run/walk unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of the event organizer relative to any aspect of my participation in this event, including the right of any organizer to deny or suspend my participation for any reason whatsoever. I assume all risk associated with running/walking in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including temperature and/or humidity, traffic and the conditions of the road/trail, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my entry, I for myself and anyone entitled to act on my behalf, waive and release the Clark County Park District Trails Coalition, its officers, agents, servants, employees and event sponsors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: _____ **Date:** _____

Parent/legal guardian if under 18 yrs of age: _____ **Date:** _____